

**PERSEVERANCE CONFIDENCE MENTAL TOUGHNESS**

# **WARRIOR WRESTLING YOUTH CLUB**

**YOUTH WRESTLING AGES 5-15**

**ROOKIE DIVISION, NOVICE DIVISION & OPEN DIVISION**

**Wrestle competitively or just come to practices!**

**Learn about this amazing sport and build athleticism and confidence!**

**2011- 2012 SEASON KICK-OFF IS TUES. NOV. 1  
COME SEE WHAT WRESTLING IS ALL ABOUT!**

**REGISTRATION IS \$175**

**Includes the following:**

- USA wrestling Card**
- T-Shirt**
- Full Instruction**

**Please bring a copy of  
your child's birth  
certificate on Tuesday**

**Saturday tournaments  
are optional and an  
additional cost.  
Coach will be present**



**PRACTICES HELD AT  
MARTIN HIGH SCHOOL  
GYM C  
4501 W. PLEASANT RIDGE  
ARLINGTON, TX 76016**

**TUESDAY & THURSDAY  
6:00PM - 7:30PM**



**TEXAS USA WRESTLING**

**FOR MORE INFORMATION CONTACT:**

**Patrick Dunn - MHS Men's Head Wrestling Coach 817-507-7520 / [dunnpatrick6240@sbcglobal.net](mailto:dunnpatrick6240@sbcglobal.net)  
Matt Spengler- MHS Men's Assistant Wrestling Coach 610-737-7613 or [mspengle@aisd.net](mailto:mspengle@aisd.net)**

**[www.martinwrestling.com](http://www.martinwrestling.com) click on YOUTH CLUB**

**COMMITMENT DEDICATION POSITIVE ATTITUDE**

**AMBITION MOTIVATION MEMORIES ACCOUNTABILITY RESPECT AGILITY**

**COURAGE HONOR QUICKNESS STRENGTH GOAL-SETTING FRIENDSHIPS**